

Patricia A. Fennell, M.S.W., L.C.S.W.-R
Albany Health Management Associates, Inc.
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(518) 782-0551 communications@albanyhealthmanagement.com

EDUCATION

Post Graduate - Six years of Intensive clinical supervision and training to achieve "R" designation, highest level of professional certification in the field.

State University of New York at Albany - School of Social Welfare
Master's Degree in Social Work, May 1984
Concentration: Direct (Clinical) Practice
Special Area of interest and activity: Practice and Research in Aging

State University of New York at Albany - Graduate School of Sociology
Completion of first year of Doctoral studies, 1979-1980
Special areas of interest: Theoretical Approaches to the Societal Development of Deviance, Research Methods

College of St. Rose, Albany, New York
Bachelor of Arts, Magna Cum Laude, May 1979
Major: Sociology
Minor: Business Administration

HONORS and AWARDS

Scientific Advisor nominee to the U.S. Sec. Of Health 2003
Spirit of Women Award nominee 2001
Who's Who of American Women 1996, 1997
Outstanding Scholar in the Social Sciences, 1979
Delta Epsilon Sigma National Scholastic Honor Society
Kappa Gamma Pi National Scholastic and Activity Honor Society

PROFESSIONAL AFFILIATIONS

1989 to Present:

President/CEO, Albany Health Management Associates Inc., Albany, NY. Ms. Fennell's professional activities under the umbrella of AHMA include:

Practice Management

Directs a comprehensive health/mental health management program, specializing in multi-disciplinary treatment and training in the areas of trauma, chronic and terminal illness, comprehensive case management, sexual abuse, and addictions. Responsibilities include profit and loss; clinical/administrative oversight of program administrators, consultants and employees; budget development; strategic planning; program development and evaluation; marketing and liaison with the clinical, medical and business community.

Health/Mental Health Care

Supervises a multi-disciplinary clinical team treating individuals, couples, families and groups suffering from trauma, chronic and terminal illness, and addictions. Patients and their families come from around the country for assessment, medical care coordination and treatment.

Consultancies/Presentations

Directs a multi-disciplinary team offering keynotes, lectures, workshops, ongoing technical assistance, clinical supervision and organizational planning to a variety of profit and not for profit health/mental health organizations in the U.S., Canada and Europe.

Research

Instrument creation, data collection, and analysis of research projects involving trauma, sleep, CFS and the Four Phase Model of Chronic Syndromes. Affiliations include or have included: Cornell University, New York; Vrije Universiteit Brussels, Belgium, Calgary, Canada/New Castle, Australia Research Consortium, DePaul University, Chicago, IL, and Capital Region Sleep Center, Albany, NY.

Continuing Education Program

Develops, administers and implements a clinical training program for practitioners who treat chronic syndromes, including trauma. This project was initiated in 1995 under Ms. Fennell's direction, in conjunction with Brattleboro Retreat Psychiatric Hospital - Dartmouth Medical School Affiliate - and continues at AHMA offering didactic presentation, externships, group training and individual supervision as part of the ongoing program.

Retreats/Conferences

Development, administration and facilitation of retreats addressing the chronic illness experience which are offered bi-annually to the professional and lay public in joint sponsorship with the Albany Catholic Diocese and Angel Hill Wellness Center (please see presentation section).

1987 to 1989:

Co-Director, **Albany Health Counseling Associates, Inc.**, Albany, NY.

Provided clinical and managerial services to individuals, couples, groups and community agencies in the areas of eldercare, case management, chronic illness, sexual abuse and addictions. Provided consultation and training to area businesses and agencies.

October 1987 to June 1989:

Designated Agent, **Rensselaer City School District**, Rensselaer, NY.

Acted as designated agent for all cases involving alleged child abuse and neglect, and provided liaison, treatment and/or referral in such cases; performed crisis intervention; coordinated cases with Rensselaer County Department of Social Services, the Probation Department, unified services (Department of Mental Health) and other community agencies; fostered student growth in social functioning through individual, group or family counseling; prepared psychological evaluations and/or social histories for the Committee on Special Education; conducted in service training.

July 1984 to December 1987:

Therapist, **Forensic Mental Health Associates**, Albany, NY.

Provided individual, couples, family and group therapy to those affected by problems related to perpetration of sex crimes, sexual abuse, alcoholism, and/or issues of grief and loss.

July 1985 to September 1987:

Director of Volunteers, **St. Peter's Hospice**, Albany, NY.

Developed, implemented and coordinated seven volunteer programs for approximately 100 volunteer staff; as a director, assisted in Hospice policy and goal formation; created workshops and conferences to orient and train professional and volunteer staff; taught management and clinician appropriate utilization of volunteers; provided counseling services to volunteers and staff as requested; participated in quality assurance and utilization review; helped educate surrounding communities regarding the goals, orientation and philosophy of Hospice.

August 1984 to July 1985:

Therapist, **St. Anne Institute**, Albany, NY. As part of multi-disciplinary team, conducted clinical assessment of incest families; provided individual, family, and group therapy; coordinated cases with Albany County Department of Social Services, the Office of the District Attorney, and other community agencies; conducted community education regarding child sexual abuse; and assisted in program development.

September 1982 to May 1984:

Research and Teaching Assistant, **School of Social Welfare, State University of New York** at Albany, NY.

Analyzed data for a study of stress factors and morale of community aged; taught counseling skills to undergraduate social work majors.

June 1980 to August 1982:

Policy Analyst and Development Specialist, New York State Commission on Quality of Care for the Mentally Disabled.

Developed and implemented training projects, workshops and material; wrote, produced and directed training videos; supervised the Commission's Patient/Client Death Reporting System and staff; designed, interpreted and presented various research projects; prepared and summarized reports and research on current issues in the mental hygiene system of New York State, including studies on autism, medication administration in mental hygiene facilities, techniques for suicide prevention, and investigation of incident reporting in facilities for the mentally disabled.

September 1979 to May 1980:

Teaching and Research Assistant, Department of Sociology, State University of New York at Albany, NY. Lectured on deviance theory and criminology; counseled students; prepared examinations; assisted in manuscript development and general academic activities.

PROFESSIONAL ASSOCIATIONS

National Association of Social Workers
Northeast Strategic Therapists' Association
International Association of Chronic Fatigue Syndrome/ME

BOARDS

Advisory Board - DePaul University Chronic Illness Initiative
Board of Directors - International Association of Chronic Fatigue Syndrome/ME
Advisory Board of Directors - National Fibromyalgia Association
Medical Advisory Panel - Fibromyalgia Support Group for Surrey and Sussex, U.K.
Advisory Board - FibroAction, U.K.

Publications and Papers

Journal Articles and Papers

Fennell, P.A. (June 1, 2008) A Chronic Disease Primer for Student Affairs Administrators. *Student Affairs Leader*. Volume 36, number 11.; pp. 4-5.

Rice, J.S. and Fennell, P.A. (2008). Integrating Fennell's Four Phase Treatment Model Within Restorative Justice Practices to Address Trauma's Aftermath. *Justice Connections*. Issue 6, Summer 2008, pp 1, 13-15.

Fennell, P.A. (2008). Trauma and CFS. *The CFIDS Chronicle*. Volume 21, Issue 2. Summer 2008. pp. 10 – 14.

Rice, J.S. and Fennell, P.A. Integrating Fennell's Four Phase Treatment Model Within Restorative Justice Practices To Address Trauma's Aftermath. *Women, Girls and Criminal Justice*. Vol.9 No.2, February/March 2008, pp 19-22.

Fennell, P.A. "Chronic Illness." In: *Encyclopedia of Social Work*, Twentieth Edition. Eds.: Terry Mizrahi and Larry E. Davis. Oxford University Press, 2008.

Fennell, P.A. *Cancer, Post-Cancer Treatment, and the Fennell Four Phase Treatment Approach: Working with People Who Don't Get Better*. *Psycho-Oncology*. Vol. 16, Issue S1. March 2007.

Fennell, P.A. and Bateman, L. *A Team Approach to Treating CFS*. *The CFS Research Review*. Summer 2005.

Fennell, P.A. *Sex & CFIDS*. *The CFIDS Chronicle*. Winter 2005.

Fennell, P. A., Jason, L. A., Taylor, R. R., Fricano, G., Halpert, J., Klein, S.M., Levine, S., *An Examination of Phases in Chronic Fatigue Syndrome*. Paper Presentation. AACFS Research Conference, Jan. 2001

Fennell, P.A., Levine, P., Uslan, D., Furst, G., *CFS Research and Rehabilitation: Multidisciplinary Phase Applications for the Practicing Physician*. Paper Presentation. AACFS Clinical Conference. Jan. 2001

Fennell, P. A. *Retreats for people with Chronic Fatigue Syndrome: An empirical evaluation*. The CFS Research Review.

Jason, L. A., Fricano, G., Taylor, R. R., Halpert, J., and Fennell, P.A. *Chronic Fatigue Syndrome: An Examination of the Phases*. Journal of Clinical Psychology. Dec., 2000, p. 1497-1508.

Fennell, P. A., Graham, E., Jason, L., and Taylor, R. *The Healing Journey: Benefits of Retreats*. CFIDS Chronicle, V. 13, N. 1, 2000, p. 14-15.

Jason, L. A., and Fennell, P. A., Taylor, R. R., Fricano, G., Halpert, J., *An Empirical Verification of the Fennell Phases of the CFS Illness*; Journal of Chronic Fatigue Syndrome Vol. 6 N.1, 2000, p. 47-56.

Jason, L. A. and Fennell, P. A., Klein, S., Fricano, G., Halpert, J., *An Investigation of the Different Phases of the CFS Illness*; Journal of Chronic Fatigue Syndrome Vol. 5, 1999 No. 3/4, 35-53.

Fennell, P. A., Jason, L.A., and Klein, S.M. *Measuring Phases of Recovery in Patients with CFS*; Journal of Chronic Fatigue Syndrome Vol. 5, 1999 No. 3/4, 88-89.

Fennell, P.A. *Capturing the different phases of the CFS illness*; The CFIDS Chronicle Vol 11, No. 3 May/June 1998

Fennell, P.A. *An Eco-Transformational Application: Bridging the Macro to the Micro*. Afterward from Jason, L.A. (1997). *Community Building: Values for a Sustainable Future*. Westport, Connecticut: Praeger Publishers.

Fennell, P.A. *CFS, Sociocultural Influences and Trauma: Clinical Considerations*. The *Journal of Chronic Fatigue Syndrome* 1995; The Haworth Medical Press, Vol. 1, No. 3/4: 159-173; and co-published in *Clinical Management of Chronic Fatigue Syndrome: Clinical Conference, American Association of Chronic Fatigue Syndrome*. Binghamton NY: The Haworth Medical Press, 1995.

Fennell, P.A. *The Four Progressive Stages of the CFS Experience: A Coping Tool For Patients*. *Journal of Chronic Fatigue Syndrome* 1995; The Haworth Medical Press, Vol. 1, No. 3/4: 69-79; and co-published in *Clinical Management of Chronic Fatigue Syndrome: Clinical Conference, American Association of Chronic Fatigue Syndrome*. Binghamton NY: The Haworth Medical Press, 1995.

Fennell P.A. *Effective Case Management in Hospice Home Care Through Utilization of Staff as Volunteers*. Accepted for publication, *The Hospice Journal*.

Fennell, P.A. *A Systematic Four-Stage, Progressive Model for Mapping The CFIDS Experience*. *The CFIDS Chronicle*. Summer 1993.

Fennell, P.A. *CFIDS: A Four-Stage Model*. Presented to the International Chronic Fatigue Immune Deficiency Syndrome (CFIDS)/Myalgic Encephalomyelitis Clinical and Research Conference. An accredited symposium sponsored by Albany Medical College, National CFS Advisory Council, National Institute of Health, and New York State Department of Health. Albany NY: October 1992

Fennell, P.A. *The Effective Utilization of Volunteers as Staff in a Hospice Home Care Program*. Presented to the Annual Meeting and Symposium of the National Hospice Organization and Children's Hospice International, Los Angeles CA: November 1987.

Fennell, P.A. *Long Term Care for the Elderly: A Position Paper*. Presented to the Business Council of New York State, Inc.: February 1990

Books

Fennell, P.A. *The Chronic Illness Workbook: Strategies and Solutions for Taking Back Your Life*. Second Edition. Albany Health Management Publishing, Albany, NY: 2006.

Fennell, P.A. *Managing Chronic Illness: The Four Phase Approach*. John Wiley and Sons Inc., New York, NY: 2003

Fennell, P.A. *The Chronic Illness Workbook*. New Harbinger Press, Oakland, CA: 2001.

Jason, L.A.; Fennell, P.A.; Taylor, R. (editors), *Handbook of Chronic Fatigue Syndrome and Fatiguing Illnesses*. John Wiley and Sons Inc., New York, NY: 2003.

Editorial Board and Journal Review

Journal/Manuscript Review Panels

American Pain Society Clinical Guidelines Program
International Journal of Behavioral Medicine
Journal of Chronic Fatigue Syndrome

Editorial Board

Journal of Chronic Fatigue Syndrome

Presentations, Keynote Addresses, Retreats

Fennell, P. FFPT: An Evidence-Based Approach to Improving Outcomes For Families Facing Cancer. American Psychosocial Oncology Society (APOS). New Orleans, LA, May 2010.

Fennell, P. When Illness Tears Your Soul, Art Gives It Back: Finding Meaning in Illness Through Artistic Expression. DePaul School of New Learning Chronic Illness Initiative Symposium: Chronic Illness & the Arts. Chicago, IL, May 2010.

Fennell, P., Royster, L. Working the Third Phase: Meaning, Community and the Arts. DePaul School of New Learning Chronic Illness Initiative Symposium: Chronic Illness & the Arts. Chicago, IL, May 2010.

Fennell, P., Fantauzzi, A., Leitz, P. Accommodating Students With Chronic Illness: A Concern For Teacher Training. Association for Supervision and Curriculum Development (ASCD). San Antonio, March 2010.

Fennell, P., Fantauzzi, A., Leitz, P. Accommodating Students With Chronic Illness: A Growing Concern For Educators. American Association of Colleges for Teacher Education (AACTE). Atlanta, GA, February 2010.

Fennell, P., Kaczynski, D. Introduction to the Fennell Four-Phase Model for Long-Term Trauma Treatment. Mental Health Alternatives to Solitary Confinement Coalition. New York, NY, February 2010.

Fennell, P. Chronic Illness: 5 Things to Know, 5 Things to Do. Student Affairs Leader Online Seminar. November 2009.

Fennell, P., Kaczynski, D., Wright, G. Living Fully In Trauma's Aftermath. Siena College, Loudonville, N.Y. November 2009.

Fennell, P., Royster, L., Kravitz, P. Riding A Tightrope: University Policies Vs. Needs Of Students With Chronic Illness. Association on Higher Education and Disability. Audio Conference; October 2009.

Fennell, P., Royster, L., Kravitz, P. Riding A Tightrope: University Policies Vs. Needs Of Students With Chronic Illness. Association on Higher Education and Disability. Louisville, KY, July 2009

Fennell, P., Hochberg, S.A., Coulter, F. Addressing Parental Responsibilities, Concerns, and Coping Strategies Using the Four Phase Model. Autism Society of America. St. Charles, IL, July 2009.

Fennell, P. Improving Outcomes For Families Facing Cancer: A Four Phase Treatment Approach. Association of Oncology Social Work. Savannah, GA, May 2009.

Fennell, P. Illness Induced Trauma: Types and Effects on Employability and Workplace Accommodations. DePaul University School of New Learning Fifth Annual Symposium of Chronic Illness and Postsecondary Education. Chicago, IL, April 2009.

Fennell, P. Improving Outcomes For Families Facing Cancer: A Four Phase Treatment Approach. Association of Pediatric Oncology Social Workers. Memphis, TN. April 2009.

Fennell P. Leitz, P. Fantauzzi, A. *Chronic Illness in Children: Global Implications for School Success*. Poster Presentation. Association for Childhood Education International (ACEI). Chicago, IL, March 2009.

Fennell P. *Understanding and Overcoming Trauma Induced by CFS/ME, FM, and Other Chronic Conditions*. International Association for Chronic Fatigue Syndrome/ME (IACFS/ME). Reno, NV, March 2009.

Fennell P., Lapp CW. *The Benefits Of A Multidisciplinary Partnership In Managing CFS/ME/FM*. Poster Presentation. International Association for Chronic Fatigue Syndrome/ME (IACFS/ME). Reno, NV, March 2009.

Fennell P. Royster, L. Leitz, P. Fantauzzi, A. Lapp, C. Metzner, P. *Serving Students with CFS/ME/FM and Other Chronic Illnesses*. Poster Presentation. International Association for Chronic Fatigue Syndrome/ME (IACFS/ME). Reno, NV, March 2009.

Fennell P. *Managing Students With Chronic Illness: In and Outside the Classroom*. Magna Audio Online Seminar. February 2009.

Fennell P. *Helping Families Integrate Cancer Into Their Lives: A Four Phase Treatment Approach*. Poster Presentation. American Psychosocial Oncology Society (APOS). Charlotte, NC, February 2009.

Kaczynski, D. Fennell, P. Keynote Address. Association of College Unions International Region 2 Conference. SUNY College at Oneonta, Oneonta, NY, November 2008.

Kaczynski, D. Fennell, P. Keynote Address. Association for Community Living of New York State. Bolton Landing, NY, November 2008.

Fennell P. *Integrating Autism Spectrum Disorders into Your Family's Life: A Four-Phase Approach*. Autism Society of Northwest Ohio. Toledo, OH, October 2008, 6:30pm, Toledo, OH

Fennell P. *CFS, Quality of Life And The Chronic Illness Era*. New Jersey Chronic Fatigue Syndrome Association Fall Conference. Eatontown, NJ, October 2008.

Fennell P. *Improving Outcomes for Families Facing Cancer: A Four Phase Treatment Approach*. Association of Pediatric Hematology/Oncology Nurses (APHON). Albuquerque, NM, September 2008.

Fennell, P. *Helping Families Cope with Autism Spectrum Disorders: A Four-Phase Approach*. Autism Society of America National Conference. Orlando, FL, July 2008.

Fennell, P. *The Long-Term Effects of Trauma on Offenders, Victims and Their Families*. Keynote address. American Association of Community Justice Professionals & The Advocate Program, Inc. Annual Conference. Miami, Fla., June 2008.

Fennell, P. *Fennell Four-Phase Treatment Model (FFPT™) Certification: Tier 1*. American Association of Community Justice Professionals & The Advocate Program, Inc. Annual Conference. Miami, Fla., May-June, 2008.

Fennell, P., Rice J. *From Corrections to Connections: Addressing Trauma's Aftermath through Fennell's Four Phase Treatment Model (FFPT) and Restorative Justice Practices*. American Association of Community Justice Professionals & The Advocate Program, Inc. Annual Conference. Miami, Fla., June 2008

Fennell, P., Royster L. *Policy/Service/Troubleshooting: A three-pronged, integrated approach to chronic illness management for higher education institutions*. Fourth Annual Chronic Illness and Postsecondary Education Symposium; DePaul University, Chicago, Ill., May 2008.

Fennell, P., Royster L. *Working With Students With Chronic Illness: A Problem-Solving Clinic*. Fourth Annual Chronic Illness and Postsecondary Education Symposium; DePaul University, Chicago, Ill., May 2008.

Fennell, P., Kaczynski, D., Wright, G. *Living A Meaningful Life Despite The Pain, Despair & Emptiness Caused By Traumatic Loss*. Melanie Ilene Rieger Memorial Conference Against Violence, April 2008.

Fennell, P.A. *Take Back Your Life: A New Remedy for Controlling Chronic Conditions*. 92nd Street Y Lecture Series. February 2008.

Fennell, P.A. *Matching Best Medical Practices to Phases of Illness in ME/CFS*. Calgary International Conference on Chronic Disease Management. November 2007.

Stein, E. and Fennell, P.A. *Overcoming Systemic Barriers To Effective Management of ME/CFS (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome) in Canada*. Poster Presentation. Calgary International Conference on Chronic Disease Management. November 2007.

Fennell, P.A. and Stein, E. *Teaching People With CFS/ME and Other Difficult-To-Manage Conditions To Self-Manage Using The Fennell Four Phase Treatment Approach*. Poster Presentation. Calgary International Conference on Chronic Disease Management. November 2007.

Fennell, P.A. *The Fennell Four Phase Treatment (FFPT™) Approach: A Model for Improving Outcomes in Chronic Illness*. Health Care Professionals Meeting. ME-FM Society of Alberta. November 2007.

- Fennell, P.A. *Chronic Illness and The Fennell Four Phase Treatment Approach: Strategies and Solutions for Taking Back Your Life*. Patients Meeting. ME-FM Society of Alberta. November 2007.
- Fennell, P.A. *Chronic Illness and The Fennell Four Phase Treatment Approach: Strategies and Solutions for Taking Back Your Life*. Greater Illinois Chapter of the National Multiple Sclerosis Society. November 2007.
- Fennell, P.A. *Cancer, Post-Cancer Treatment, and the Fennell Four Phase Treatment Approach: Working with People Who Don't Get Better*. Poster Presentation. Association of Pediatric Hematology/Oncology Nurses. October 2007.
- Fennell, P.A. *Coping and Phase-Based Management in ME: Improving Outcomes through the Fennell Four-Phase Treatment Approach*. Norwegian M.E. Society/International Association for CFS/ME Joint Conference. October 2007.
- Fennell, P.A. *The Fennell Four Phase Treatment (FFPT™) Approach: A Model for Improving Outcomes in Chronic Illness*. Professionals Training. Wisconsin CFIDS Association. October 2007.
- Fennell, P.A. *Chronic Illness and The Fennell Four Phase Treatment Approach: Strategies and Solutions for Taking Back Your Life*. Patient Conference. Wisconsin CFIDS Association. October 2007.
- Fennell, P.A. *Living With Chronic Pain*. East Fishkill Public Library. September 2007.
- Fennell, P.A. *Keynote Address: Living A Meaningful Life In The Aftermath of Trauma*. American Association of Community Justice Professionals / Victim Offender Mediation Association Annual Conference. June 2007.
- Fennell, P.A. *Chronic Syndromes and the Fennell Four Phase Treatment™ Approach: Matching Intervention to Phase*. American Association of Community Justice Professionals / Victim Offender Mediation Association Annual Conference. June 2007.
- Fennell, P.A. *Keynote Address: The Invisible Struggle: Understanding the World of the Chronically Ill Student*. DePaul University Symposium on Chronic Illness and Secondary Education, May 2007.
- Fennell, P.A. *Quality of Life Concerns in Chronic Fatigue Syndrome and Fibromyalgia*. U.S. Department of Health and Human Services CFS Advisory Committee, May 2007.
- Fennell, P.A., Rice, J. *Grandparents Raising Children with Special Needs and the Fennell Four Phase Treatment™ Approach: It's Getting Better All the Time*. Families Together in New York State Conference. April 2007.
- Fennell, P.A., Rice, J. *Read all about it! Looking Beyond Today's Headlines to Address Trauma Through Restorative Practices and Fennell's Four Phase Treatment Model*. Prevent Child Abuse NY Conference, April 2007.
- Kaczynski, D., Fennell, P., Wright, G. *Living After the Impact of Homicide: One Brother's Story and the FFPT Model as a Map for Those Making Their Way Through*. Melanie Ilene Rieger Memorial Conference Against Violence, April 2007.
- Fennell, P. A. *Behavioral Health with a CFS Perspective: Session Summary*. IACFS Professional Conference, Jan. 2007.
- Fennell, P. A. *Considering Gender, Sexuality and Intimacy in the Care of CFS and FM Patients*. IACFS Professional Conference, Jan. 2007.
- Fennell, P. A. *Managing Your Quality of Life Track: The Art and Science Behind Coping and Empowerment*. IACFS Patient Conference, Jan. 2007.
- Fennell, P.A. *Family Issues & Pediatrics – Couples, Sex & Family*. IACFS Patient Conference, Jan. 2007.
- Fennell, P.A. *Using Comprehensive Clinical Case Management to Improve Health-Care Utilization and Coping in Patients and Families Affected by CFS/FM*. Paper Presentation. IACFS Professional Conference, Jan. 2007.
- Fennell, P.A. Butkerei, M. *Treating People with CFS/FM Who Have Been Victims of Disaster or Trauma*. Poster Presentation. IACFS Professional Conference, Jan. 2007.
- Burke, J, Fennell, P. A. *A Proposed Clinical Protocol for Occupational Therapy in the Treatment of CFS/FM Utilizing the Model of Human Occupation and Fennell Four Phase Treatment*. Poster Presentation. IACFS Professional Conference, Jan. 2007.
- Saldana W.I., Fennell, P. A. *A Proposed Protocol for the Dental Treatment of Patients with CFS*. Poster Presentation. IACFS Professional Conference, Jan. 2007.
- Fennell, P.A. *Coping Mechanisms for Chronic Conditions – Behaviors, Attitudes and Lifestyles.” The Future of Wellness: Emerging Opportunities in Health and Well-Being*, InnovationPoint. Orlando, FL: November 2006.

Fennell, P.A., Kaczynski, D. *Living with Trauma's Aftermath: The Unabomber's Family's Story and a Map for Survivors and Those who Care for Them*. National Nurse's Week, Center for Disability Services. Albany, NY: May 2006.

Fennell, P.A. kNOW MORE CFS Education and Empowerment Seminar. CFIDS Association of America. Akron, OH: May 2006.

Fennell, P.A. *Chronic Illness and the Fennell Four Phase Treatment Approach: Strategies and Solutions for Taking Back Your Life*. P.A.N.D.O.R.A. (Patient Alliance for Neuroendocrine/Immune Disorders Organization for Research and Advocacy) 5th Annual Inspiring Hope Through Awareness™ Neuroendocrine Disorders Conference. Pompano Beach, FL: April 2006.

Fennell, P.A. *Approaching Those Clients with Trauma Histories: Dynamics, PTSD and Fennell's Four Phase Treatment Model*. EDP Response Team Training Workshop, City of Troy Police Department. Troy, NY: January 2006.

Fennell, P.A. "Fatigue/Hormonal/Adrenal – Reduced Capacity Effects Your Body." Wellness Journey '05 – A Forum. Loudonville, NY: October 2005.

Fennell, P.A. "The Fennell Four Phase Treatment (FFPT)™ Approach & Restorative Justice: Holistic Frameworks for Addressing Clergy Sexual Abuse." The Restorative Justice Council, The Sexual Assault and Crime Victims Assistance Program for Rensselaer County. Troy, NY: November 2005.

Fennell, P.A. "Treating Coexisting Mental Illness & Physical Illness: An Effective Four Phase Therapeutic Approach." Full-day seminar, Park Center Professional Training Series. Ft. Wayne, IN: April 2005.

Fennell, P.A. "Sex, Relationships, and CFS/FMS." Organization for Fatigue and Fibromyalgia Education and Research (OFFER): Advances In Understanding and Treating CFS and FM. Salt Lake City, UT: April 2005.

Fennell, P.A. "Matching Best Medical Practices to Phases of Illness." International Conference on Chronic Fatigue Syndrome, Fibromyalgia and Other Related Illnesses. Madison, WI: October 2004.

Fennell, P.A. "Sex, Socializing and Sleep: Night and Day with CFS." International Conference on Chronic Fatigue Syndrome, Fibromyalgia and Other Related Illnesses. Madison, WI: October 2004.

Fennell, P.A. "Fennell Four-Phase Treatment (FFPT) Part II: Matching Addiction Intervention to Phase." Full-day seminar, Northeast Occupational Exchange. Bangor, ME: September 2004.

Fennell, P.A. "Training for Dialysis Clinicians: Chronic Illness and the Fennell Four Phase Therapy." Full-day seminar, Satellite Healthcare. Redwood City, CA: September 2004.

Fennell, P.A. "Countertransference, Addiction, and Vicarious Traumatization: A Four-Phase Treatment Approach Part I." Full-day seminar, Northeast Occupational Exchange. Bangor, ME: June 2004.

Fennell, P.A. "Chronic Illness and the FFPT Approach: Working with People Who Never Get Better." Full-day seminar, Department of Nursing Education, Mid-State Medical Center. Hartford, CT: October 2003.

Fennell, P.A. "The Fennell Four Phase Therapy Approach." Keynote Speaker, O.F.F.E.R. Advances in Understanding CFS and FM. Salt Lake City, UT: May 2003.

"The Fennell Four Phase Model." French Scientific Day, Societe Nationale Francaise de Medecine Interne. Lille, France: March 2003.

"Chronic Illness and the FFPT Approach: Working with People Who Never Get Better." Full day seminar-- Brightside Lecture Series, Sisters of Providence Health System and Catholic Health East. Springfield, MA: March 2003.

"Four Phase Application for the Empirical Investigator and Practicing Physician." Faculty/Board of Directors-Sixth International Research and Clinical Conference on Chronic Fatigue Syndrome, Fibromyalgia, and Related Illnesses. Washington, DC.: January 2003.

"Fennell Four Phase Application for the Empirical Investigator and Practicing Psychologist." Guest Lecturer-California School of Professional Psychology, Alliant International University. San Francisco, Los Angeles, San Diego: November 2002.

"Chronic Syndromes, CFS and FM; Assessment and Treatment Utilizing the Phase Method". Invited Speaker-American Psychological Association Annual Conference. Chicago, IL August 2002.

"Research and Rehabilitation Applications for the Practicing Physician". Co-Chair- Research and Clinical Conference of the American Association for Chronic Fatigue Syndrome, an accredited symposium for continuing medical education, sponsored by NIH, The Centers for Disease Control and Prevention, Seattle, Washington: January, 2001.

"An Examination of Phases in Chronic Fatigue Syndrome". Oral Research Presentation- Scientific Conference of the American Association for Chronic Fatigue Syndrome, an accredited symposium for continuing medical education, sponsored by NIH, The Centers for Disease Control and Prevention, Seattle, Washington: January, 2001.

"Chronic Syndromes: Treating the Mind and the Body".
Keynote Speaker--Association for Addiction Professionals, New York, NY: May, 2001.

"CFS and FM; Countertransference, Assessment and Treatment Utilizing the Phase Method". Invited Speaker- American Psychological Association Annual Conference. San Francisco: August, 2001.

"Rehabilitation Strategies and the Multidisciplinary Four Phase Approach", Sunnyview Rehabilitation Hospital, Schenectady, NY: September, 2001.

"Clinicians, Countertransference, and Vicarious Traumatization" Four Winds Psychiatric Hospital Grand Rounds, Saratoga Springs, NY: December, 2001.

"Survivors of Sexual Violence, the Clinician, and Chronic Syndromes". Keynote Speaker-New York State Coalition Against Sexual Assault, Syracuse, NY: March, 2001.

"Disability and Rehabilitation Coping Strategies". Patient Conference of the American Association for Chronic Fatigue Syndrome, sponsored by The Centers for Disease Control and Prevention, Seattle, Washington: January, 2001.

Walter Reed Army Hospital Grand Rounds. "Gulf War Syndrome and Chronic Fatigue Syndrome; Assessment and Treatment from a Phase Perspective". Walter Reed Army Hospital, Washington, DC: October, 2000.

"Multidisciplinary Utilization of the Phase Method with Chronic Syndromes". George Washington University, Washington, DC: November, 2000.

"CFS and FM; Assessment and Treatment Utilizing the Phase Method". Invited Speaker- American Psychological Association Annual Conference. Washington, DC: August, 2000.

The Master Therapists' Seminars- Featured Speaker. "Chronic Syndromes: Treating the Mind and the Body". A continuing medical education program, Department of Psychiatry, University of Connecticut School of Medicine, University of Connecticut Health Center, Farmington, CT: December, 1999.

"Psychosocial Assessment Issues: The Case of Chronic Fatigue Syndrome". *Invited Speaker*- American Psychological Association Annual Conference, Boston, MA: August 1999

CFS and FM; Treatment Concerns for the Patient, Family and Workplace. Keynote Speaker. Robert Wood Johnson University Hospital, New Brunswick, NJ: April, 1999.

"The Healing Journey Retreat: A 3-day Retreat For The Chronically Ill and Their Clinicians". Directed by Ms. Fennell and faculty, jointly sponsored by the Consultation Center of the Roman Catholic Diocese of Albany and Albany Health Management Associates, Inc., Albany, NY: November 1998.

"Research Methodology: Rehabilitation Issues and Phase Method Application". Scientific Conference of the American Association of Chronic Fatigue Syndrome, an accredited symposium for continuing medical education, jointly sponsored by the Massachusetts Medical Society and the Massachusetts Department of Public Health, Bureau of Communicable Disease Control, Boston, MA: October 1998.

"An Investigation of the Different Phases of the CFS Illness". Poster session, Scientific Conference of the American Association of Chronic Fatigue Syndrome, an accredited symposium for continuing medical education, jointly sponsored by the Massachusetts Medical Society and the Massachusetts Department of Public Health, Bureau of Communicable Disease Control, Boston, MA: October 1998.

"Coping, The Four Phases and The CFS Experience". Conference of the American Association of Chronic Fatigue Syndrome, an accredited symposium for continuing medical education, jointly sponsored by the Massachusetts Medical Society and the Massachusetts Department of Public Health, Bureau of Communicable Disease Control, Boston, MA: October 1998.

"CFS, FM and The Four Phase Experience: A Retreat Application". Featured speaker. The CFIDS Association of America, Boston, MA: October 1998.

"Phases As A Construct For Understanding CFS and FM Recovery". American Psychological Association Annual Conference, San Francisco, CA: August 1998.

"Clinicians, Countertransference and Trauma: A Four Phase Approach To Treating Survivors Diagnosed with Severe Mental Illness". South Beach Psychiatric Center, Brooklyn, NY: June 1998.

"Phases As A Construct For Understanding Coping and Illness Recovery". Symposium Lecture, Midwest Psychiatric Association, Chicago, IL: May 1998.

"Phase Theory and Its Importance For Chronic Illness". DePaul University, Chicago, IL: May 1998.

"Trauma Treatment, Countertransference and Sexual Abuse: The Four Phase Approach". Training Institute: Mastering The Key Connection III, Mental Health Association New York State (MHANYS), and New York State Office of Mental Health, Albany, NY: May 1998.

"The Healing Journey Retreat: A Four Phase Approach". A retreat for the chronically ill, directed by Ms. Fennell and faculty. Jointly sponsored by the Consultation Center of The Roman Catholic Diocese of Albany and Albany Health Management Associates, Inc., Valatie, NY: May 1998.

"Trauma Presentation and Case Review." Mohawk Valley Psychiatric Center/Capital District Psychiatric Center, Albany, NY: September, November 1997.

"Clinicians, Countertransference, and Trauma." An accredited conference for continuing medical education, directed by Ms. Fennell and jointly sponsored by The NY State Office of Mental Health, Mohawk Valley Psychiatric Center and Albany Health Management Associates, Inc., Utica, NY: September 1997.

"Cultural Rejection, Countertransference, and Vicarious Traumatization." Keynote Speaker. New York State Office of Mental Health and MHANYS, Albany, NY: April 1997.

"Sexual Abuse, Serious Mental Illness, and the Therapist." Mental Health Association in Putnam County, NY and The New York State Coalition Against Sexual Assault: April 1997.

"Coping and the CFS Experience." Clinical Conference of the American Association of Chronic Fatigue Syndrome, an accredited symposium for continuing medical education, cosponsored by the University of California School of Medicine at Davis and the National Institutes of Health, San Francisco, CA: October, 1996.

"Psychological Factors in Predicting Recovery." Clinical Conference of the American Association of Chronic Fatigue Syndrome, an accredited symposium for continuing medical education, cosponsored by the University of California School of Medicine at Davis and the National Institutes of Health, San Francisco, CA: October, 1996.

Chronic Fatigue Syndrome - A Multidisciplinary Systems Approach to a Treatment Challenge." An accredited conference for continuing medical education directed by Ms. Fennell and jointly sponsored by Brattleboro Retreat Psychiatric Hospital, Dartmouth Medical School affiliate, and Albany Health Management Associates, Inc. Brattleboro, VT: September 1996.

"Sexual Abuse, Serious Mental Illness, and the Therapist." Keynote Speaker. Mental Health Assn. in NY State / NY State Office of Mental Health clinical training conference - Mastering the Key Connection, Albany, NY: April 1996.

"Sex Abuse and the Therapist." Dept. of Social Work Grand Rounds, Albany Medical Center, Albany, NY: February 1996.

"The Lessons of Suffering." Capital District Friends of Jung personal-professional growth seminar, Albany, NY: January 1996.

"Suffering, Compassion and Change." A two-part workshop presented by The Consultation Center of the Diocese of Albany, Albany, NY: November - December 1995.

"Healing the Healer: Secondary PTSD." Featured Speaker at the Annual Conference on Trauma and Abuse. The Mental Health Association in Ulster County, Inc., and The Ulster County Mental Health Department, Ulster County, NY: November 1995.

"Breaking the Conspiracy of Silence." Keynote speaker. Celebration of Healing for Survivors of Sexual Abuse, The National Conference of To Tell The Truth, Albany, NY: October 1995.

"The Four Progressive Stages of the CFIDS Experience." Keynote speaker-- The CFIDS Association of America, Charlotte, NC: September 1995.

"Group Building: Effective Strategies for Developing and Maintaining Groups." The CFIDS Association of America, Charlotte, NC: September 1995.

"A Systemic Approach to the CFIDS Patient and Their Families." American Psychological Association Annual Conference, New York, NY: August 1995.

"Chronic Illness, Cultural Influences and Trauma - An Overview." An accredited Grand Rounds presentation. Four Winds Psychiatric Hospital, co-sponsored by Albany Medical College, Saratoga Springs, NY: April 1995.

"Physical Illness vs. Mental Illness: A Diagnostic and Treatment Challenge." An accredited conference for continuing medical education directed by Ms. Fennell and jointly sponsored by Brattleboro Retreat Psychiatric Hospital, Dartmouth Medical School Affiliate, and Albany Health Management Associates, Inc. Brattleboro, VT: March 1995.

"The Social and Emotional Impact of Sexual Abuse on Family and Friends." National Organization of To Tell the Truth Conference. Albany, NY: October 1994.

"CFS, Sociocultural Influences and Trauma: Clinical Considerations." Clinical Conference of the American Assoc. of Chronic Fatigue Syndrome, an accredited symposium for continuing medical education, co-sponsored by the University of Miami School of Medicine. Ft Lauderdale, FL: October 1994.

"The Four Progressive Stages of the CFS Experience: A Coping Tool for Patients." Clinical Conference of the American Assoc. of Chronic Fatigue Syndrome, an accredited symposium for continuing medical education co-sponsored by the University of Miami School of Medicine. Ft Lauderdale, FL: October 1994.

"Vicarious Traumatization and Unseen Victims: The Impact of Sexual Abuse on Family, Friends, Co-workers and Clinicians." The Employee Assistance Professionals of America, Northeastern Chapter. Albany, NY: May 1994.

"Surviving Sexual Abuse Together: A Workshop for Friends, Family and Spouses." The Consultation Center of the Roman Catholic Diocese of Albany. Albany, NY: March 1993.

"CFIDS: A Four Stage Model." An accredited symposium for continuing medical education jointly sponsored by Albany Medical College, National CFS Advisory Council, National Institute of Health, and NY State Dept. of Health. Albany, NY: October 1992.

"The Flip Side of Sexual Abuse: Survivorship Strength Uncovered." The Consultation Center of the Roman Catholic Diocese of Albany. Albany NY: March 1992.

"Communication Skills for the Classroom Setting: Working with Kids from Dysfunctional Families." Rensselaer, Columbia and Greene Counties Professional Development Conference of the Board of Cooperative Services. Rensselaer, NY: March 1991.

"Chronic Fatigue Syndrome: Approaches to Diagnosis and Management." An accredited symposium for continuing medical education jointly sponsored by Albany Medical College and St. Peter's Hospital Departments of Physical Medicine/Rehabilitation; Capital Region Sleep/Wake Disorders Center and Albany Health Management Associates, Inc. Albany, NY: May 1991.

"AIDS: A Primary Care Disease in Chronic Disease Counseling." An accredited symposium for continuing medical education jointly sponsored by the Department of Family Practice, Albany Medical College and the AIDS Treatment Center with the Office of Continuing Medical Education, Albany Medical College. Albany, NY: May 1991.

"Work/Family Life Issues of the 90's." Financial Women International (formerly National Association of Executive Bank Women). Latham, NY: June 1991.

"The Progressive Stages of Chronic Fatigue Syndrome: A Four Stage Model." St. Peter's Hospital Medical Grand Rounds. Albany, NY: October 1990.

"The Dynamics of Sexual Abuse Perpetration and Its Effects." College of St. Rose Faculty/Student Seminar. Albany, NY: October 1990.

"Managing the Impact of Grief in the Workplace." AIDS Training for Health Care Workers and Emergency Responders Seminar, sponsored by the Institute for Disease Prevention in the Workplace, the State University of New York at Albany School of Public Health, and the New York State Department of Public Health. Albany, NY: March 1989.

"When a Child Discloses: School Personnel and Social Workers Working Together." Rensselaer County Conference on Child Sexual Abuse. Troy, NY: December 1988.

“Coping with Chronic Illness: A Model for Change.” American Heart Association. Albany NY: November 1988. Albany Medical Center Diabetes Education Project. Albany, NY: October 1988.

“The Health Care Management Service Delivery Model: Responding Effectively to Physical and Psychosocial Health Care Needs.” New York State Public Health Association. Albany, NY: September 1988.

“The Utilization of Volunteers as Staff.” New York State Hospice Association Annual Conference. Albany, NY: April 1987.

“The Volunteer Component of Hospice and Palliative Care Programs.” New York State Hospice Association Conference. New York, NY: September 1987.

Selected Consultancies

American Association of Community Justice Professionals, Miami, FL: 2008. Consultant to AACJP, an international group of individuals and agencies from the United States, Canada, and Caribbean nations involved in the broad professions of offender treatment and victim services.

The Future of Wellness: Emerging Opportunities in Health and Well-Being, Orlando, FL: 2006. Consultant to InnovationPoint, a strategic management consulting group that advises Fortune 150 companies in the area of innovation.

National CFS Public Awareness Campaign, Charlotte, NC: 2006. Spokesperson for national chronic fatigue syndrome public awareness campaign launched by the U.S. Centers for Disease Control and Prevention (CDC) and the CFIDS Association of America.

Behavioral Health Care Curriculum Advisory Committee, U.S. Centers for Disease Control and Prevention, Atlanta, GA: 2004. Advised CDC on the development of a continuing education curriculum for behavioral health professionals.

I Remember Me, a documentary film project on chronic fatigue syndrome, New York, NY: 1996-2002. Primary consultant for technical expertise and creative development regarding issues of chronic syndromes, *The Four Phases Of Chronic Syndromes*, and trauma.

Sidney Albert Institute, Parsons Child and Family Center, Albany, NY: 1999-2001. Didactic presentation, consultation and supervision is provided to directorial and senior clinical staff on issues related to countertransference, chronic syndromes, and trauma treatment. Fennell’s Four Phase Theory is utilized and applied in the areas of prevention, emergency stabilization, residential placement, foster care and adoption. This is a multi contract, two year training program.

The United Kingdom Retreat/Rehabilitation Project, London, England: 1999. Provided clinical/managerial consultation, strategic planning, and program development to a multi-intervention rehabilitation program for chronic syndrome patients and their clinicians, to be offered in the UK and France.

Capital Region Sleep/Wake Disorders Center, a joint project of Albany Medical Center and St. Peter’s Hospital, Albany, NY: 1990 - Present. Provides clinical consultation on the impact of trauma and sexual abuse on sleep disorders and related medical conditions.

New York State Coalition Against Sexual Assault/ Mental Health Association in New York State, Inc./Office of Mental Health, Albany, NY: 1995 – 2000. Provided clinical consultation, planning and execution of state-wide forums designed to assist with the development of community teams composed of mental health and victim services providers to improve the delivery of services to crime and trauma victims. This statewide project utilizes the *Four Phase Method* for team building and education.

New York State Office of Mental Health, Central New York Region, Psychiatric Facilities: 1997-1998. Provided ongoing supervision, clinical consultation for multi-facility “train” the “trainers” curriculum based on the *Four Phase Method of Trauma Treatment*

The Consultation Center of the Roman Catholic Diocese of Albany, Albany, NY: Consultant, 1991 - Present. Provides clinical consultation on issues relating to trauma, sexual abuse, and chronic illness.

Brattleboro Retreat Psychiatric Facility, Dartmouth Medical School Affiliate, Brattleboro, NY: 1995 - 1997. Provided ongoing group supervision, clinical consultation, and professional training on issues relating to trauma, chronic and terminal illness, sexual abuse, and countertransference.

Albany County Sex Abuse Task Force, Albany, NY: Member, 1993 - 1996. Provided advice and consultation on a wide variety of clinical, policy, and programmatic issues.

Albany County Department of Social Services, Albany, NY: 1995 - 1996. Provided clinical consultation and professional training on issues relating to trauma, sexual abuse, and chronic illness.

Value Behavioral Health, national mental health HMO, Troy, NY: 1995 - 1996. Provided clinical consultation and training on issues relating to trauma, chronic and terminal illness, sexual abuse, transference and countertransference to case management and supervisory staff.

Rensselaer Polytechnic Institute, Troy, NY: 1994 - 1996. Provided clinical consultation/supervision, program development and training to the Psychological Services/Health Services Center.

Capital District Psychiatric Center, Albany, NY: Consultant, 1994 - 1997. Provided clinical consultation/supervision and training on issues relating to trauma, socio-cultural influences, transference and countertransference.

Albany County Department of Social Services, Albany, NY: 1990 - Present. Provides documentation to the court system, as well as clinical assessments and therapy, in child protective cases.

Services to Families in Violence, YWCA of Schenectady, NY: Organizational and Training Consultant, 1989. Provided organizational consulting and training regarding counter transference issues affecting staff who treat victims of domestic violence; conducted organizational interventions.

NY State Business Council, Albany, NY: Member, Task Force for the Elderly, 1989 through 1990. Provided advice and consultation on issues relating to the impact of the elderly on the NY State business community.

Rensselaer County Rape Crisis Advisory Board, Troy, NY: Board Member, 1988 to 1991. Provided advice and consultation on a variety of programmatic concerns, including program operation and management, funding, training, clinical intervention, volunteerism, and others.

Parsons Child and Family Center, Albany, NY: Clinical and Training Consultant, March 1988 to August 1989. Provided clinical consultation and training to staff regarding the effects of chronic/terminal illness on staff, clients and families, together with appropriate treatment interventions.

New York State Department of Economic Development, Albany, NY: Management and Clinical Consultant, October 1987. Provided clinical managerial and bereavement consultation to department staff.

National Hospice Organization, Washington, DC: Education and Training Consultant, 1987. Advisor in the development of a certification program for training Hospice volunteers, which resulted in the publication of nationally utilized training manual.

Hospice of Utica, Utica, NY: Management Consultant, 1987. Developed a home-care volunteer/staff program, including a management training module in staff utilization.

School of Social Welfare, State University of New York at Albany, NY: Field Instructor, 1986 - 1987. Provided supervision and training to graduate student interns.

Pastoral Care Department, St. Peter's Hospital, Albany, NY: Training Consultant, December 1983 and November 1984. Conducted training seminars in communication skills for individuals who work with the life-threatened.

Hornstein and Wishnoff Consultation and Evaluation Service, Albany, NY: Marketing Researcher, 1982. Designed programs and collected data for the organization's management team.